

## Everyone wants to be able to be themselves

### Introduction

1

**You will now hear stories of people talking about searching for who they really are.**  
Write in one sentence when or where you can really be yourself.

**Michelle**



**Note: Michelle is speaking Spanish.  
Check the subtitles are turned on.**

2

Write one sentence describing what most struck you about Michelle's story.

**Šimon**



**Note: Šimon is speaking Slovakian.  
Check the subtitles are turned on.**

3

**Šimon was raised to believe that he should keep to the background, obey the rules and prove himself.** If you had to do one of these things, what would you struggle with?

**Tomas**



**Note: Tomas is speaking Dutch.  
Check the subtitles are turned on.**

**4**

**Tomas talks about drag being a way of exploring what suits you and that being different is beautiful.** Provide an example of someone that inspires you by just being themselves and explain why. Perhaps someone you know personally or someone in the art, music or sports world. Explain why this person inspires you.

## After the videos

**5**

**Form groups of 3-4 students.**

**Tomas**

**"Being different is beautiful, because you're not just ordinary"**



**Šimon**

**"I began to take a good look at myself and to search for the happiness I was missing"**



**Michelle**

**"You want people to discover who you really are"**



Together, pick one of the three videos and watch it again. Discuss what you felt was the most important message in that video. Do you all agree?

**6**

**Making space for everyone.** Based on your discussion in exercise 5, write a slogan together and then explain your thinking.