

Toolbox against discrimination

# ROCÍO: A VICTIM OF BULLYING

### Before you watch

1

Rocío talks about bullying in the interview. Discuss in pairs.

How would you define bullying? Why do some people take to bullying? What would you do if you saw someone being bullied?



Note: Rocío speaks in Spanish. Make sure to activate the English subtitles.

### While you watch

2

#### Why was Rocio bullied?

Make brief notes about the kind of bullying she received.

3

#### Watch the video again and circle the correct answer.

- 1 Rocío feels she was discriminated against for one reason / two reasons.
- 2 She talks about how she was bullied at work / school.
- **3** She says that some people made fun of her / were her enemies.
- 4 She mentions specific *injuries / insults* that she suffered.
- **5** She said that, at first, she *laughed / cried* at the bullies.
- **6** But one day, she got very *upset / angry* at them.
- 7 The people who bullied her were / were not seriously punished.
- 8 People apologized / didn't apologize to her afterwards.
- **9** Now she feels that sometimes people cannot see / understand her.
- **10** She says that in the end she feels worse / better than her bullies.

4

#### Complete the gaps with the correct word.

nasty hurtful exploded vulnerable teasing

- 1 The other kids would make\_\_\_\_\_\_comments and even act like they were my friends but they were always\_\_\_\_\_me.
- 2 I'd laugh too so that they wouldn't see me so\_\_\_\_\_\_ but every time it was more
- 3 Until one day, I walked out of class, I \_\_\_\_\_\_!

5

What, in particular, did her classmates say to Rocío that made her so angry?

Discuss this with the class.



## After you watch



#### Choose ONE of the questions to discuss in pairs or small groups.

- **a** Can you identify with what Rocío says about bullying? Why? Why not?
- **b** Do you know somebody who was bullied at school? Was the bullying similar to what Rocío suffered? Why? Why not?
- **c** Think of different contexts where bullying can take place, for example at work. Would the bullying be different there? If so, why?

There is cyber-bullying, people get bullied in social media through comments and messages. It's terrible....

**d** What do you think can be done to stop or limit bullying?