Toolbox against discrimination



Approximate time: 40 min (including After you Watch stage)

**Trigger warning:** Bear in mind that the content of the video may trigger unexpected and / or painful responses in class. Allow students to feel safe enough to mention such feelings if they wish to. However, if a particular learner does not want to engage with the material for any reason, do not oblige them to do so.

**Note:** Elias speaks Danish in this video, so remember to have the subtitles on when showing the video. For this reason, you may need to show this part of the video more times and allow students to have access to the transcript earlier.

**Tip:** if you want to make a particular point about content or language, it is a good idea to freeze frame the video so students can read the subtitles.

## Jac & Elias: Showing your Jewish identity

### Before you watch

- Students' own answers. Note: identity could also refer to interests and affiliation to certain groups.
- Give answers of your own to prompt discussion if students are reluctant to talk about their own identity here. Note: you can also identify yourself visually as a supporter of a particular movement or a team (e.g. from a supporting a political party to being the fan of a football team or a popstar) it may be that students will feel happier talking about this aspect of their identity.

# While you watch

3	Students work in	pairs or small	groups to do	this task and	exercises 4 and 5.

1a

2c

3b

4b

4 1 careful

2 important

3 proud

4 anxious

5 religious

6 danger

Words which describe how Jac feels: proud, anxious, careful

**Scared** and other *-ed* adjectives refer to how a person feels, *scary* and other -ing adjectives refer to something (e.g. a situation) that causes an emotion. In other words, you feel *scared* because something is *scary*).

Other adjectives which follow this pattern: frightened / frightening, bored / boring, interested / interesting, excited / exciting, surprised / surprising, tired / tiring, worried / worrying, confused / confusing, disappointed / disappointing, annoyed / annoying.

### Elias

**6** 1b

2h

7 A Jac and Elias

B Jac and Elias

C Jac

**D** Elias



## After you watch

Once students have had time to discuss the questions in pairs or small groups, allow them time to report back their thoughts and ideas. Note that question b is particularly triggering. If it is likely that answering such questions may prove hurtful in class to some students, then focus on the other questions which are much more general in focus.

If nobody has chosen one of the questions, then give your own answers and see if students agree or disagree with your opinions / ideas. Indeed, if students are reluctant to discuss these questions, feel free to discuss your thoughts to either question before asking them to do so. Your reflections may well act as a prompt for students to give their own answers subsequently.

8a and 8 c: students' own answers

Sample answer to 8b:

Personal identity can reflect the unique aspects that define an individual, it could refer to a person's private thoughts, feelings and experiences.

Social identity can define you by the groups you belong to and how those group memberships affect your view of yourself and others.

People can project their identities in multiple ways in the languages they speak, their clothing or body language, etc.

Sample answer to 8d:

creating a sense of community so that everybody feels safe and that they belong is a way to allow people to express their identity as they wish to.

### **Video transcript**

**Optional stage:** Consider focusing on key words or phrases that your students might not know that are not featured in the While you Watch tasks.

### Jac:

I'm Jac, I am 18, and I'm from the United States of America. There has been a rise of antisemitism especially with the Israel-Hamas war, and sometimes I've been told "don't wear your Star of David necklace when you go to the Netherlands" where I'm at right now.

I was told be careful, don't tell people you're Jewish. I decided to wear my necklace because it's my decision what I wear but also, I'm in a very historically important place where Anne Frank lived, and she was killed because she was Jewish. I want to be proud of who I am and not be scared which is difficult and it's scary sometimes. I'll maybe cover it up if I'm in a place where I feel anxious.

I'm also not a religious person. I wear it because it's a part of my identity. I don't feel like I should have to hide that unless I'm in physical danger.

#### Elias:

My name is Elias. I'm from Denmark, and I'm 15 years old. I brought a kippah with me. It's a Jewish hat that I use when I'm eating. It signifies a sense of having the feeling that someone is watching over you. One that has greater power. People are not the biggest power, but God, who created you.

I've never experienced anything directly. But I've played football, with some boys I play with and I heard someone shout from a distance: "Play the ball, you fucking Jew!"

To me this is a form of discrimination. I strongly feel that. It's not direct, but it is another form of discrimination. It's indirect discrimination.